

SEPTEMBER 2022





KESHAV SMARAK

JUNIOR COLLEGE



Message From Chandrakanth Sir



Dear students,

Effective Enam preparation can have a significant impact on Enam results.

every student Experiences exam stress during the preparation days. some common reson for this is lack of planing and pressure. By developing Exam strategies, revision techniques and time management, you will be demonstrate your knowledge.

Exam preparation tips

you need to give yourself enough time to review everything that you have studied, and make sure that you understand it.

organise your study time:

It is also helpful to consider how much time you will be able to manage each day and how long you plan to spend studying each subject.

classification of topics in subjects

you will almost certainly find some subjects (05)
some topics are easier than others.

so, you have to spend more time to revice for some subjects than others.

Vary your revision techniques

Always doing the same thing like, reading over your notes on a subject spice up your

revision period by trying different techniques Which includes:

* Doing practice papers

* self tests, that helps you in what you can remember and checking them against your notes.

* organising a discussion group with some friends.

-And finally

The ultimate best tip is study hard and know your subject and starting early is the best way to achive this.

ALL THE BEST

K. Chandrakantha chary Faculty of Mathematics

Sarrajanik Ganesh Chatuethi The festival celebrates Ganesha as the "God of New Beginnings' & Removes of obstailes Ganish chatrithi is observed in Nepal, Australia, New Zealand, Canada, Singapore, Malaysia, Tshnidad and tobago, Guijana, sustname, other parts of the Caribbean, Tiji, mansitins, south Africa, the United states and Furope. In the Gregorian alender, Ganesh Chatusthi falls between 22 August and 20 September every year. Bal Gangadhas Tilak, also known as Lokmanya Tilak initiated celebrating Ganesh Chatrithi publicly. He wanted to unite the nation. He was the first to place a clay idol of Ganesha in a public beation. Participation and interest from the community gradually became apparent. On the tenth day of the justival, he then began the custom of submerging the Ganapati idols. Additionally this festival served as a gathering shot for regular people. It gradually took ones à religious & social sole-- Ksheisaja · Katipally

Aacharya Devo Bhava

Aacharya means teacher, someone who is a crucial part of our lives. Teachers are someone who evaluate the strengths and weaknesses of their students, bring out the best in them, teach them important life

skills and encourage to be a better version of themselves everyday. They play such an important role in our lives and they are someone we trust blindly even before we understand the meaning of trust, that is why to become more aware of the tremendous efforts they put in their students and be grateful to them we celebrate National Teachers Day in the memory of Dr. Sarvepally Radhakrishnan.

5th of September is recognised as

teacher's day in our country. It's celebrated

in the honour of Dr. Sarvepally radhakrishnan who wanted his birthday to be remembered as teacher's day. Radhakrishnan was a scholar, teacher and a politician. He was the 1st Vice president of Bharat for several years. He contributed a lot to the field of education and was a great teacher.

"True teachers are those who help us think for ourselves'

- Dr. Sarvepally Radhakrishnan



JOPIC

SOME DYING ART FORMS OF BHARAT

Bharat at its very mention, brings up one menta picture DIVERSITY. Every corner of the country has a unique art form.

(1) MANJUSHA PAINTINGS: These are the oldest forms of paintings in Bharat, and old Bharat fork art of

"MANJUSHA" means Box in Sanskid.

(2) ART OF PUPPETRY:- Puppetry has been for a very long time and is passing from generation to generation It has been around for 3000 years. It is found in

It has been around for 3000 years. It is found in Mahabharata and Patanjali Text. There are many form like string puppets, rad puppets, Glove puppetry, shadow puppetry.

(3) DHOKRA HANDSCRAFT: "DHOKRA" name is borroued from Nomadic Iribe "DHOKRA DAMAR." It is a type of metal casted art that utilizes the lost wan technique. It is practiced in Thankhand. West Bengal, Edisha, Iclangana

and Chhattisgash.

(4) TODA EMBROIDERY: Joda Embroidery name comes from the name of one of the 18 Tribes living in Nilgini Hills in Jamil Nadu. The embroidery work done on their cloaks called "Poot KHULY."

and Bamboo works, wood carving, Blacksmith, pottery,

NAGALAND handicrafts have gained much attention in the

country and abroad.
IS IT TOO XATE TO SAVE?
All the dying art forms in Bharat have faced
the brunt of modernization and industrialization.
Lack of encouragement and enthusiasm to learn
and keep up with Iraditional Art Formisseoing it
as no means of proper livelihood, has dwindled
the hope of sustaining these dying Act Jorns.
Although there has been efforts made by the
Government and various NGOs to safeguard and
the NGO'S are promoting these dying art forms.
It is only with collective efforts from
everyone
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K. Sri Dructi
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"WORLD LITERACY DAY!

International literacy day is celebrated across the world on Sep 8 to inghlight the impostence of education. UNESCO marked sep 8 as literacy day in 1966. The clay aims to make people outare of the crucioll role that literacy plays in our lines and how it helps uplifts society & evalues one to line with dignity & respect.

Theme: The theme for this year literary day is "Transforming literary Learning spaces."

literary rate I has once again emerged as the most literate state in the country. After Kerala Delhi has the leest literary rate at 88.7% followed ley Uttarakhand's 87.6%, Himachal Pradesh 86.6% & Assanis 85.9%. On the other hand Rajasthan is the 2nd worst performer with literary at 697% with states like Bihar at 70.9%, Jelangana at 72.87 U.P at 73% and M.P at 73.7%. The overal literary rate is 77.7%.

kensity of population. Even though the density of population is very high, from a very early period the people of kerala have maintained a highliterary rate. Keralities have the best quality of life & have access to excellent medical and educational facilities. It is the only state in India where over 90% of the people can read & write Even in the villages we can use a primary & middle school every okm. and higher secondary

school within 5km. no friend greater than knowledge! -Krisha Alunja

TEENAGE INSECURITIES

Teenage is a period of exaggerated feelings, sentiments, hurt or overwhelming emotions. It is a significant period of our life where we are constantly struggling to "fit in" the society and trying to be likeable.

Teenagers usually try too hard. This creates a lack of self confidence and self doubt in them. They begin to lose hope and isolate themselves. Lack of self confidence and inferiority complex adds to their persona pushing them into a totally insecure corner. All these insecurities, doubts, anxieties are a constituting part of growing up.

There are a number of physical, physiological and emotional changes that we go through. And no sensible explanation is given to the myriads of questions and doubts that arise in our minds. Denying these insecurities can worsen the situation further.

"The reason we struggle with insecurity is because we compare our behind the scenes with someone else's highlight reel".

- Steve Fuertic

How to deal with this? Let's look at some solutions to battle these problems:

1. UNDERSTANDING YOUR INSECURITY

Knowing the root cause of your insecurity and understanding it will bring you a step closer towards becoming a more confident teenager. Also accepting the fact that you feel insecure about certain things about yourself is very important. Accepting that you

are not feeling confident about yourself and working towards building your self esteem can help a lot.

2. STOP DEPRECIATING YOURSELF

Never ever say negative things about yourself. Learn to appreciate the good things in you. Be proud of all the good things you've ever done.

3. PRACTICE SELF IMPROVEMENT

Maybe you didn't get the grades you expected in the last test or you feel that you aren't good at a particular thing. So, instead of thinking that you are not capable you can improve yourself by making some real efforts. This will also help you in becoming more confident and give you more reasons to appreciate yourself.

The sky is full of stars and there's room for all of them to shine. Know that being a teenager is just a phase of your life and all the confusing thoughts that come to your mind will disappear with time.

But what's important is that it teaches us to face our problems and fight them. The problems that we face now will make us stronger and build us to face the much bigger obstacles that come our way.

-Saanui Dharmadhikari (BiPC)

Guest Lecturer Of The Month

About The Lecturer

Kameshwaran Iyer plays mentor role in private BFA colleges and institutes. He runs his own advertising agency from 1996 which works all over south India with more than 100 associates. He is an expert in marketing strategy and planning.

Opinion Of The Students

Very useful information. Presenter was very knowledgeable and offered valuable information and tips. Great tool for residents, fellows to transition abstracts into designing.



Glimpse Of Lecturer Of The Month







Poem

" its a hig world" I thought,
peeling conjused.
There are so many whoices to make,
And soo much to look out ito.
Is my next step going to be okay?"
Is my next ster going to be oliay?"
I start thinking about the price I have
to may,
for each eurong step I take.
lause every descision I make,
seems to be deciding my juture,
And I don't want to end up as
a doser.
doubts lug me day by day,
doubts dug me day by day,
And that I'm going to shine someday,
because it is human to learn from
my mistakes.
- D. Vushni
- J. Vyshrani, Junior Shikhar.
Julius Julius Julius (101)



