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**Junior college**  
**NOVEMBER 2023**

**Happy**  
**DIWALI**

*Guru Nayak Jayanti*



*Children's day*



# Lecturer's Message

Students can use the SMART method to reach any academic or personal goal by following a few simple steps.

## S -SPECIFIC

Define your goal in detail. Be as specific as possible.

## M -MEASUREABLE

Decide how you will measure success.

## A -ATTAINABLE

Set realistic goals that challenge you, but are achievable.

## R -RELEVANT

Ensure your goal is result oriented

## T- TIME-BOUND

Set a clear deadline and monitor your progress.



## SPECIFIC: DEFINE YOUR GOAL

To reach your goal, it needs to be specific and well- defined. You are much more likely to accomplish your objective if it is clear-cut rather than vague.

## MEASURABLE: How Will You Measure Success?

Setting a goal that you can measure is crucial because it allows you to track your progress and stay motivated. Having quantifiable data or criteria makes the goal measurable.

## ATTAINABLE: CAN YOU ACCOMPLISH THIS GOAL?

When goal-setting, you should push yourself outside your comfort zone and make goals that will challenge you.

## RELEVANT: IS YOUR GOAL CONSTRUCTIVE?

A relevant goal is results-focused. It's not just an activity or an exercise. Your goal should help you advance in some way, either academically or personally.

## TIME-BOUND: WHEN WILL YOU ACCOMPLISH YOUR GOAL?

A goal should always have a defined deadline. Without a timeframe, there is no sense of urgency, and you're unlikely to attain it. As a high school student, you live in the framework of school semesters and years, so these can be suitable units of measurements to judge your progress.

Establishing SMART goals allows you to clarify your ideas, focus your efforts, use your time and resources wisely, and increase your chances of achieving your future career and life goals. The process might seem daunting at first, but once you get started, the road map you create with your goals will help lead you down the path to success.

**By-Venuka  
sl-maths**



# HAPPY DIWALI

Diwali symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance". Diwali is connected to various religious events, deities and personalities, such as being the day Rama returned to his kingdom in Ayodhya with his wife Sita and his brother Lakshmana after defeating the demon king Ravana. Throughout the epic, Rama's decisions were always in line with dharma (duty) and the Diwali festival serves as a reminder for followers of hinduism to maintain their dharma in day to day life. Per another popular tradition, in the Dvapara Yuga period, Krishna, an avatar of Vishnu, killed the demon Narakasura, who was the evil king of Pragjyotishapura, near present-day Assam, and released 16000 girls held captive by Narakasura. Diwali was celebrated as a signifier of triumph of good over evil after Krishna's Victory over Narakasura. The day before Diwali is remembered as Naraka Chaturdashi, the day on which Narakasura was killed by Krishna. Per another popular tradition, in the Dvapara Yuga period, Krishna, an avatar of Vishnu, killed the demon Narakasura, who was the evil king of Pragjyotishapura, near present-day Assam, and released 16000 girls held captive by Narakasura. Diwali was celebrated as a signifier of triumph of good over evil after Krishna's Victory over Narakasura. The day before Diwali is remembered as Naraka Chaturdashi, the day on which Narakasura was killed by Krishna. Many Hindus associate the festival with Goddess Lakshmi, the goddess of wealth and prosperity, and wife of Vishnu. According to Pintchman, the start of the 5-day Diwali festival is stated in some popular contemporary sources as the day goddess Lakshmi was born from Samudra Manthana, the churning of the cosmic ocean of milk by the Devas (gods) and the Asuras (demons) - a Vedic legend that is also found in several Puranas such as the Padma Purana, while the night of Diwali is when Lakshmi chose and wed Vishnu,

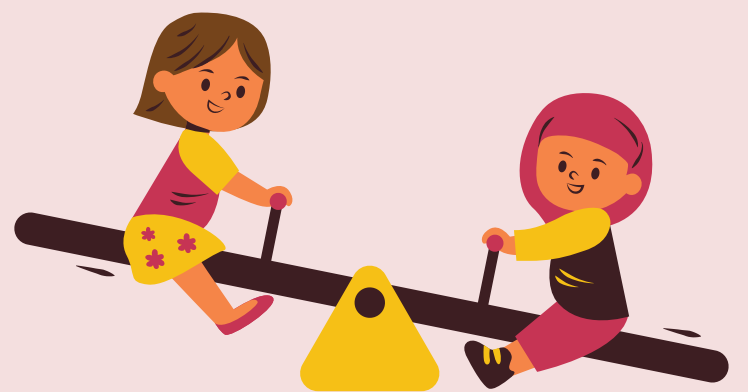
~Meenakshi . JAM

# Children's Day

Children's Day is celebrated every year on November 14th in India to commemorate the birth anniversary of Pandit Jawaharlal Nehru, the first Prime Minister of India, who was known for his love and affection for children. It is a day dedicated to children, their rights, and their overall well-being.

On Children's Day, schools and educational institutions organize various events and activities to celebrate the occasion. Children participate in cultural programs, debates, elocution competitions, and other co-curricular activities. Special assemblies are organized in schools, where teachers and students pay tribute to Pandit Nehru, his contribution to the nation and his love for children.

Apart from the school celebrations, various non-governmental organizations and social groups also organize events to celebrate Children's Day. These events include health camps, educational seminars, and cultural programs, which are aimed at promoting the overall well-being of children



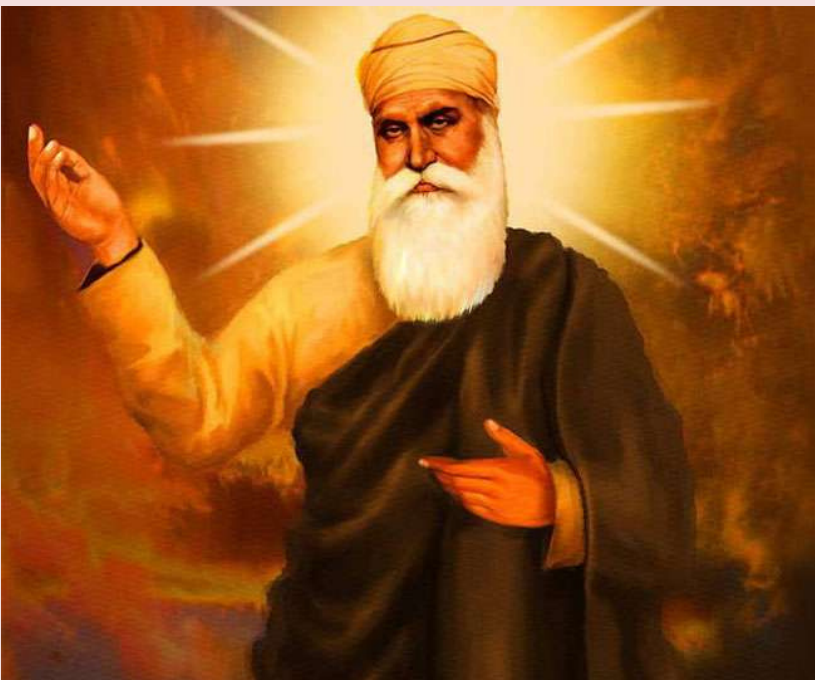


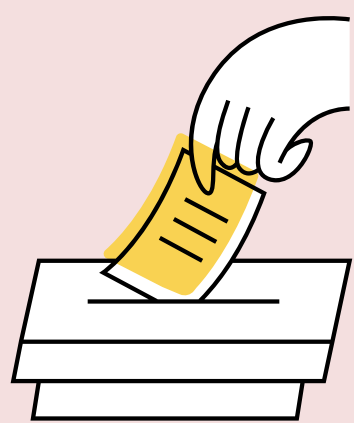
# Gurunanak Jayanthi

Guru Nanak Jayanti is an essential festival for Sikhs. On this day, Guru Nanak was born thus it is important for Sikhism. It is popularly known as Gurpurab and the Sikhs celebrate it with great joy and enthusiasm all over the world. Let us learn more about the festival of Gurpurab. Guru Nanak Dev is the first guru of Sikhs. Similarly, the Sikhs consider him to be the founder of Sikhism. Guru Nanak Jayanti is a very big day for those who follow Sikhism. They celebrate the day to remember and pay gratitude to Guru Nanak Dev.

People respect him immensely for his great contributions to humanity. Moreover, various states of India observe his birthday as a public holiday. On this day, people remember the teachings of Guru Nanak and recite them in his memory.

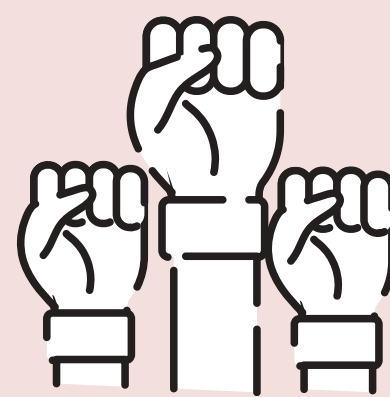
**~Priyam JAM**



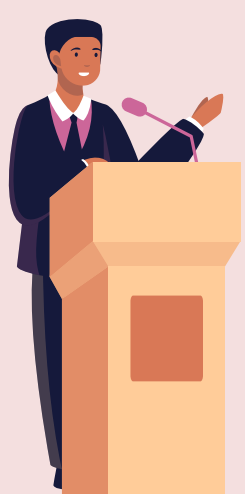


# Elections

**YOUR VOTE.  
IS YOUR FUTURE.**



Elections are the foundation for any democratic country. Without genuine elections, democracy has no meaning. Elections provide the citizens with a uniformly managed way to voice their opinions and choose who and what is best for themselves and their nation. Elections in India is not something new. It started before the Independence, during the time of British rule. But during British rule the franchise of voting was very limited and only few could vote and participate in elections. Government restricted the vote to those with property and wealth. Once India got its independence, it adopted universal adult franchise. Any citizen who thinks there needs to be change in the system or new reforms can contest in the election. Young leaders coming into politics can bring a positive change to the society. Citizens can elect good leaders only when there are good leaders participating in the election. In conclusion, it can be said that elections form the basis of democracy and holding elections regularly and somewhat is what makes the process genuinely worth it. Every election is determined by the people who show up, bad officials are elected by good citizens who don't vote.



~ V Amulya . JAM



# Men's Day



International men's day was started in the year 1960 but it was brought back to light in 1991 by a professor, Dr Jerome Teelucksingh who used to teach history at the University of West Indies which is in Trinidad and Tobago. He emphasizes on the point that international men's day is not to compete with the Women's Day but to increase awareness about the issues which are faced by men around the world. Despite of all this most of the people don't know that a day like this exists because they don't know the real reason behind it. Well, men are an integral part of our society and it is hard to imagine our life without them.

Therefore, everyone including men need to understand that men need care and attention. To celebrate and to spread awareness about various issues faced by men globally we celebrate International Men's Day every year. If you were unaware that a day like this exists then you must read this article till the end. In this article we have covered everything about International Men's Day

~Kavy . JAM





# Unsung Hero



Marshal of the Air Force Arjan Singh, DFC, was one pilot who grew up in the annals of the Air Force as the first Chief for leading the force into war. He was Chief of the Air Staff when the IAF saw action in its first combat of the modern age in 1965. He was hardly 44 years of age when entrusted with the responsibility of leading the Indian Air Force, a responsibility he carried with considerable flamboyance and élan.

Arjan Singh was born on 15 April 1919, in Lyalpur. He was still in college in 1938 when he was selected for the Empire Pilot training course at RAF Cranwell. His first posting on being commissioned was flying Westland Wapiti biplanes in the North Western Frontier Province as a member of the No.1 IAF Squadron. Arjan Singh, flew against the tribal forces, before he was transferred for a brief stint with the newly formed No.2 IAF Squadron. Later he moved back to No.1 as a Flying Officer, when the Squadron re-equipped with the Hawker Hurricane.

Promoted to Squadron Leader in 1944, Arjan Singh led the squadron against the Japanese during the Arakan Campaign, flying close support during the crucial Imphal Campaign and later assisting the advance of the allied forces to Rangoon, Burma.

– **Tanishk, JLI**



# Konark



Nestled on the shores of the Bay of Bengal in the state of Odisha, India,  
the Konark Sun Temple

stands as a testament to ancient architectural brilliance and  
spiritual significance. Built in the

13th century by King Narasimhadeva I, this UNESCO World Heritage Site has intrigued historians, archaeologists, and mystics alike with its enigmatic aura and the mysteries it holds. One of the temple's most captivating features is its intricate design, which is dedicated to the Sun God, Surya. The temple's structure resembles the chariot of the Sun God, complete with colossal stone wheels, intricate carvings, and symbolic sculptures. However, what perplexes researchers is the temple's orientation. The Konark Sun Temple is aligned in such a way that the first rays of the sunrise touch the main entrance, providing a breathtaking spectacle during the equinoxes. The astronomical precision of this alignment has led to speculation about ancient builders possessing advanced knowledge of celestial movements. These intricately carved figures depict various aspects of life, love, and spirituality. The purpose behind the inclusion of these explicit carvings remains a subject of debate among scholars. Some believe they represent the cycle of life, while others argue that they hold esoteric meanings related to ancient rituals and practices.

The temple also conceals a hidden chamber, adding an air of intrigue to its mystique. Local legends speak of a colossal magnet hidden within the structure that once disrupted the navigational instruments of passing ships. While this claim lacks scientific evidence, it adds a touch of the supernatural to the temple's allure.

Yet, the remnants continue to  
captivate visitors with their timeless grandeur and unanswered questions.

In the heart of Konark, the Sun Temple stands as a silent witness to the passage of time, guarding its secrets with stoic resilience. As researchers continue to unravel the mysteries concealed within its ancient stones, the Konark Sun Temple remains a mesmerizing enigma, inviting seekers of knowledge and adventure to bask in the aura of its celestial mysteries.

~ Prithvi Raj . JAM



# Animal cruelty



## STOP ANIMAL CRUELTY!

In our Society, animal cruelty has existed from long time but now to improve Prosecutors must educate is the time to stop it animal we must strive cruelty laws, train law enforcement and so they can enforce the laws that do exist. we the public to about animal cruelty. animals. we change have their perspective and sensibilites to become advocates for our Because animals. canot speak for themself was its Public to speak for them and report animal abuse.

### **Harm to Animals Incidental to Other Motives**

Overworking farm animals

Animal theft

Dog fighting or cockfighting

Capturing and harming protected animal species

Hunting out of season

Smuggling and selling exotic animal species

**-Chandini, sr.mec**



# Shaniwar Wada



Shaniwar Wada is a historical fortification in the city of Pune, India. Built in 1732, it was the great seat of the Peshwas of the Maratha Empire until 1818. Following the rise of the Maratha Empire, the palace became the center of Indian politics in the 18th century.

The Peshwas, the de facto hereditary administrators of the Maratha empire, never believed in doing anything small. The majestic Shaniwar Wada, a 13-storey fort palace of the Peshwas, built by none other than Bajirao-I.

It was back in 1736 when the fort was built and, at that time, it was one of the strongest and most formidable forts around. The residential fort complex saw many chapters of the Peshwas' history where the stories were not only about the brave and influential administrators, but also about gruesome deaths and fall of the Peshwas. One such story is of the 10th Peshwa - the 18-year-old Narayan Rao. When the young Narayan Rao inherited the title and the seat, the news was not well-received by all. A couple of these unhappy individuals were the ambitious uncle Raghunath Rao and his wife. As soon as the news of the acquisition of the throne came out, they started to plot the murder of the 18-year-old Narayan Rao. What follows is not just gruesome but macabre too. Raghunath Rao killed the young Peshwa and chopped his body in small pieces and discarded them in the nearby river. As per the local legends, Shaniwar Fort, ever since that gruesome murder, became a site with terrible haunting cases. It was as if the murder opened up a portal and now Shaniwar Fort is populated by all those who died or were killed in the fort complex. Many locals still say that sometimes they hear the young Peshwa's gruesome screams.

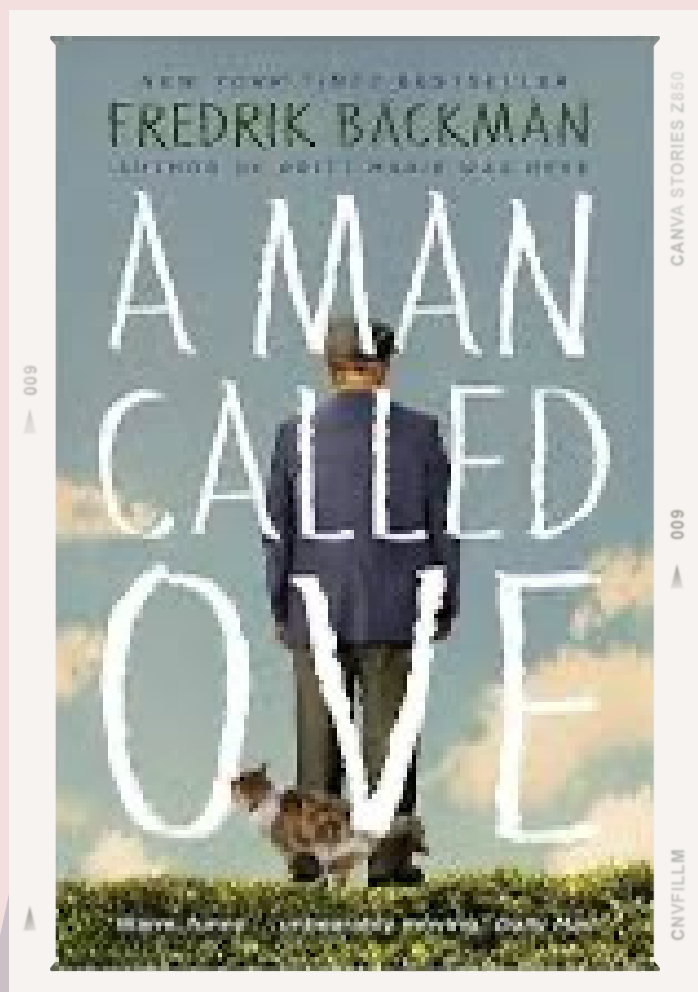
**-K Sri Dhruti SL-1**





# Book Review

Purity in emotions is rare and that is what makes A Man Called Ove such a rare treat. At its heart, A Man Called Ove is the story of a 59-year-old widower. Ove is a principled man. A man who feels that what defines a man is not what he speaks but his actions. Ove is simply himself despite everything around him. And what happens when such a man loses the only person he loved?



Such a person for whom Ove has fought day and night with the world. A person who is the only source of color in his life. A person who had accepted Ove as he is and never ever demanded that he change. A person who loved Ove wholeheartedly just as he is. The only person whom Ove could speak what was in his heart. How do you cope up with such a loss? This is the heart of Ove's story. Ove has lost his wife to cancer. It has been 6 months now. Ove's work has kept him engaged in the meanwhile. But now Ove has been asked to resign from a place where he has worked for more than 3 decades and never taken a day off. He decides that it is time he meet his wife. The same day a family moves opposite to Ove's house. A pregnant Iranian woman with her husband and two daughters. The events that unfold hereafter is what makes book. Ove's attempts to take his own life are interrupted every time by fate. And slowly, with time Ove rediscovers his purpose. The book also shows glimpses of Ove's life till date. His relationship with his father, his wife, his neighbors and the people he worked with. At the face of it it might seem an ordinary tale. I suggest every person to read this book. There is so much to learn not only from Ove but also from other characters in the book. Sonja, Ove's wife is the epitome of positivity. Parvaneh, Ove's pregnant Iranian neighbor, sees beyond Ove's tough facade and understands his heart. A note also to Fredrik Backman exceptional writing style. It is extremely engrossing and never preachy. He has a rare quality that can bring both tears and smile to your face with a single sentence. And leave you either spellbound or restless for more with a few lines. Definitely an author to look forward to.

**Nikitha. JAM**

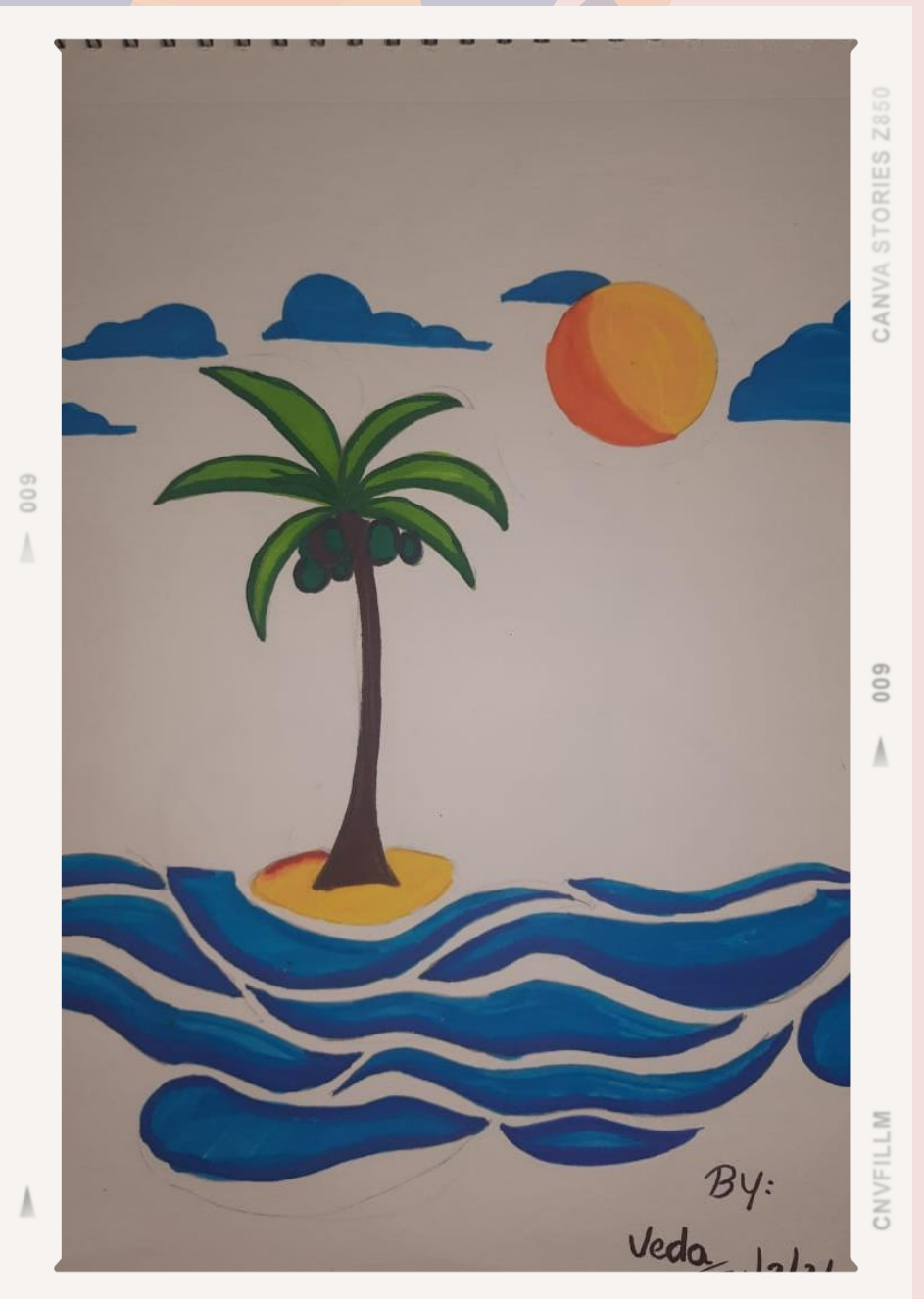


# Art Works



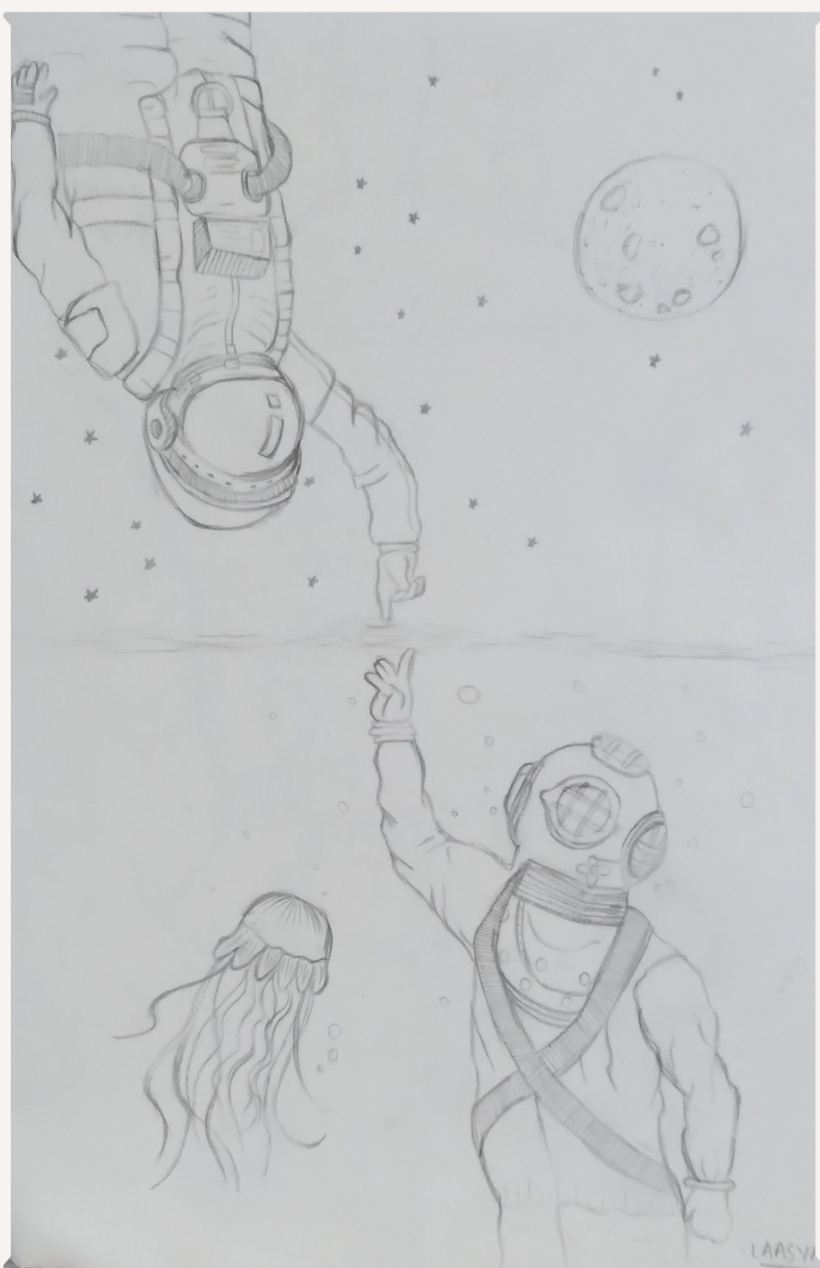
— **Mithra, JAM**

— **Veda**





# Art Works

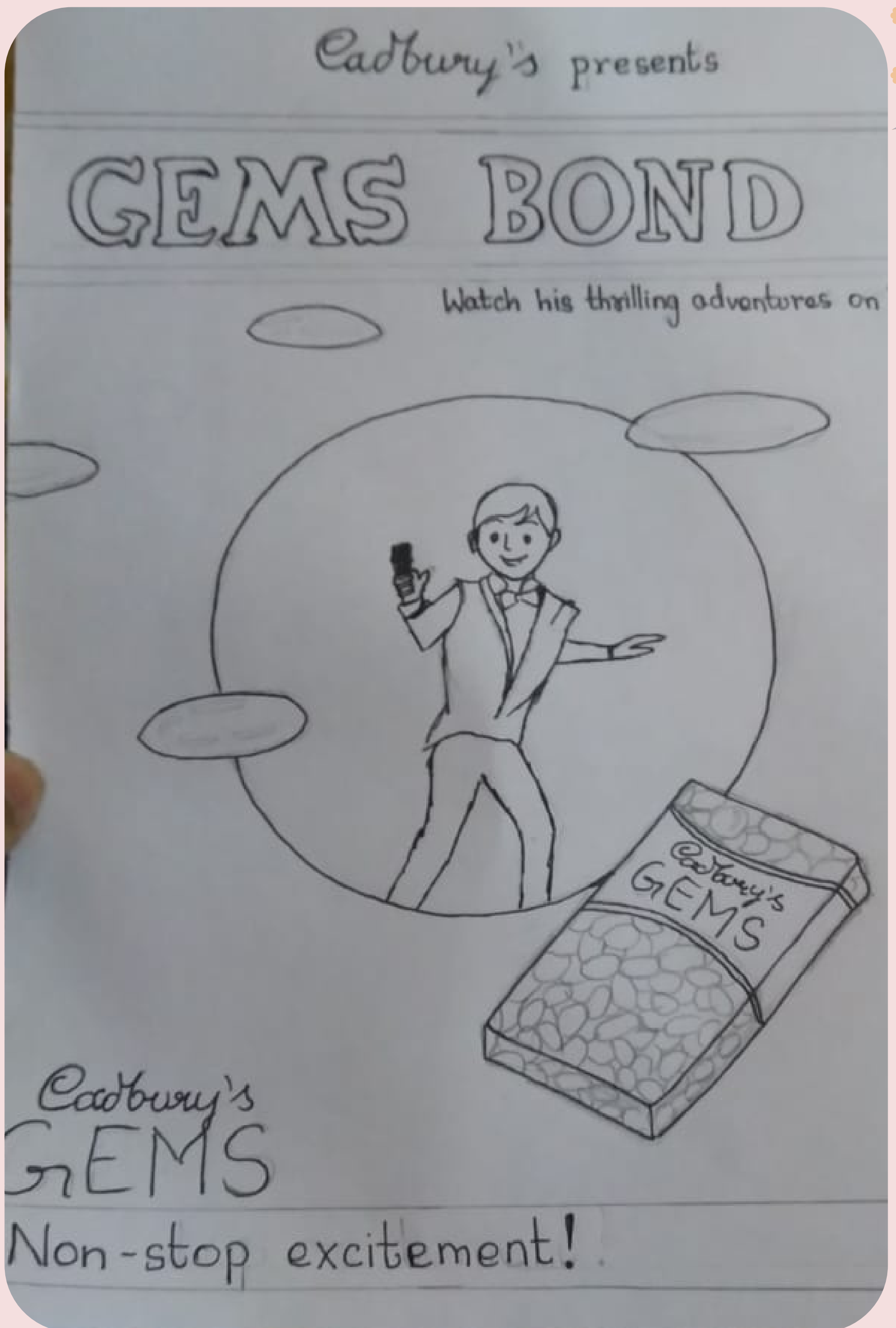


— **Laasya. JAM**

— **Meenakshi.  
JAM**







~ Hiranmayi . JAM



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